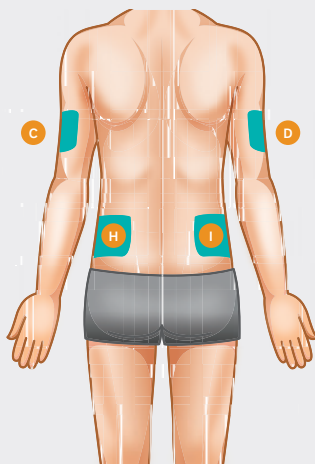
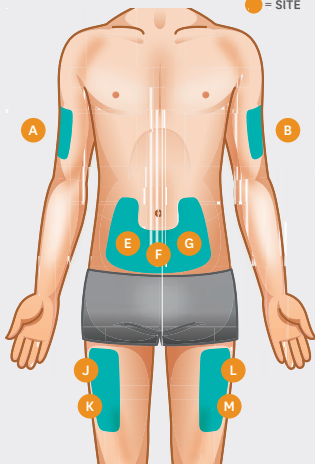




Injection Tracker Journal

ADULT INJECTION SITES

● = SITE



How to use your KINERET® (anakinra) Injection Tracker Journal

This tool has been developed to help you
keep track of your injection sites



- > Every week, note the date
- > Every day, make a note of the site where you inject your KINERET
- > Injection site reactions are expected, but there are ways to help address them



Ask for help if you need it!

Injection site rotation is an important factor for success with KINERET

- > Be sure to choose a new site each time you inject KINERET
 - Choosing a new site may help avoid soreness at one particular site
- > Do not inject into an area that is tender, red, bruised, or hard
- > Avoid areas with scars or stretch marks
- > Do not inject close to a vein that you can see under the surface of the skin

Still have questions about injecting KINERET or injection site reactions?

Contact KINERET® On TRACK™, read the KINERET Prescribing Information, and/or talk to your doctor.

CALL US: 866.547.0644

8AM to 8PM EST, Monday through Friday

Please see Important Safety Information on pages 18-19 and accompanying full Prescribing Information for KINERET, including Patient Information.

This journal belongs to:

If you find it, please contact me at:

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INDICATIONS

KINERET® (anakinra) is a prescription medicine called an interleukin-1 receptor antagonist (IL-1Ra) used to:

- Reduce the signs and symptoms and slow the damage of moderate to severe active rheumatoid arthritis (RA) in people aged 18 years and older when 1 or more other drugs for RA have not worked
- Treat people with a form of Cryopyrin-Associated Periodic Syndromes (CAPS) called Neonatal-Onset Multisystem Inflammatory Disease (NOMID)
- Treat people with Deficiency of Interleukin-1 Receptor Antagonist (DIRA)

KINERET is not for children with Juvenile Rheumatoid Arthritis.

IMPORTANT SAFETY INFORMATION

Who should not take KINERET?

People who are allergic to:

- Proteins made from bacteria called *E. coli*. Ask your healthcare provider if you are not sure
- Anakinra or any of the ingredients in KINERET. See the end of the patient leaflet for a complete list of ingredients in KINERET

What information should I know before starting KINERET?

Before you use KINERET, tell your healthcare provider if you:

- Have an infection, a history of infections that keep coming back, or other problems that can increase your risk of infections
- Are scheduled to receive any vaccines. People using KINERET should not receive live vaccines
- Have kidney problems
- Are pregnant or plan to become pregnant. It is not known if KINERET will harm your unborn baby
- Are breastfeeding or plan to breastfeed. It is not known if KINERET passes into your breast milk. You and your healthcare provider should decide if you will use KINERET or breastfeed

Tell your healthcare provider about all the medicines you take,

including prescription and over-the-counter medicines, vitamins, and herbal supplements. KINERET and other medicines may affect each other and cause serious side effects. Especially tell your healthcare provider if you take certain other medicines that affect your immune system called Tumor Necrosis Factor (TNF) blockers. Ask your healthcare provider for a list of these medicines if you are not sure. Know the medications you take. Keep a list of your medicines and show it to your healthcare provider and pharmacist when you get a new prescription.

What are the possible side effects of KINERET?

KINERET may cause serious side effects, including:

- **Serious infections.** KINERET may lower your ability to fight infections. During treatment with KINERET, call your healthcare provider right away if you get an infection, have any sign of an infection including a fever or chills, or have any open sores on your body. You may get an infection if you receive live vaccines while you use KINERET. You should not receive live vaccines while you use KINERET

• **Allergic reactions.** Stop using KINERET and call your healthcare provider or get emergency help right away if you have any of these symptoms of an allergic reaction: swelling of your face, lips, mouth, or tongue; trouble breathing; wheezing; severe itching; skin rash, redness, or swelling outside of the injection site area; dizziness or fainting; fast heartbeat or pounding in your chest (tachycardia); or sweating. People with DIRA may have an increased risk of allergic reactions, especially in the first several weeks

• **Decreased ability of your body to fight infections (immunosuppression).** It is not known if treatment with medicines that cause immunosuppression, like KINERET, affect your risk of getting cancer

• **Low white blood cell count (neutropenia).** KINERET may cause you to have a lower number of certain white cells (neutrophils). Neutrophils are important in fighting infections. You should have blood tests before starting treatment with KINERET, then monthly for 3 months. After the first 3 months you should have your blood tested every 3 months for up to 1 year

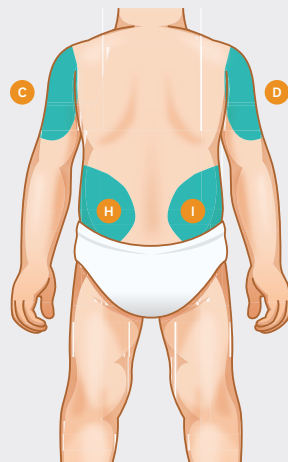
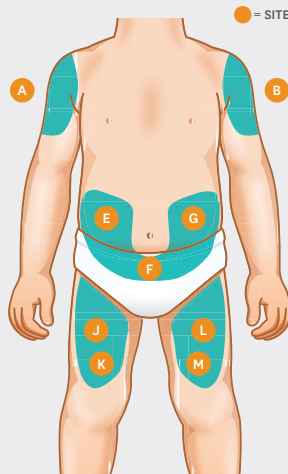
The most common side effects of KINERET include:

- Injection site skin reactions, including redness, swelling, bruising, itching, and stinging. Most injection site reactions are mild, happen early during treatment, and last about 14 to 28 days. Injection site reactions have been observed less frequently in people with NOMID
- RA gets worse with treatment, if you already have RA
- Headache
- Nausea and vomiting
- Diarrhea
- Joint pain
- Fever
- Feeling like you have the flu
- Sore throat or runny nose
- Sinus infection
- Pain in your stomach area

Tell your healthcare provider if you have any side effect that bothers you or does not go away. These are not all of the possible side effects of KINERET. For more information ask your healthcare provider or pharmacist.

Please see accompanying full Prescribing Information.

CHILD INJECTION SITES



Please see Important Safety Information on pages 18-19 and accompanying full Prescribing Information for KINERET, including Patient Information.



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